




Rose Haven Center of Healing Calendar 2022

■ = Trim ■ = Safe Area ■ = Bleed



Plant carrots in January and you'll never have to eat carrots - Old gardening saying

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

26	27	28	29	30	31	1
2	3	4	5	6	7	8 New Year's Day
9	10	11	12 	13	14	15
16	17	18	19	20	21	22
23	24 Martin Luther King Jr. Day	25	26	27	28	29
30	31	1	2	3	December 2021 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	February 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28

January 2022







February makes a bridge and March breaks it-Proverb

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SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

30	31	1	2	3	4	5																																														
		National Freedom Day	Groundhog Day																																																	
6	7	8	9	10	11	12																																														
13		15	16	17	18	19																																														
20	21	22	23		25	26																																														
27	28	1	2	3	4	5																																														
		Presidents' Day																																																		
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27	28	29	30	31																																																

February 2022







Spring is nature's way of saying, "Let's party!" - Robin Williams

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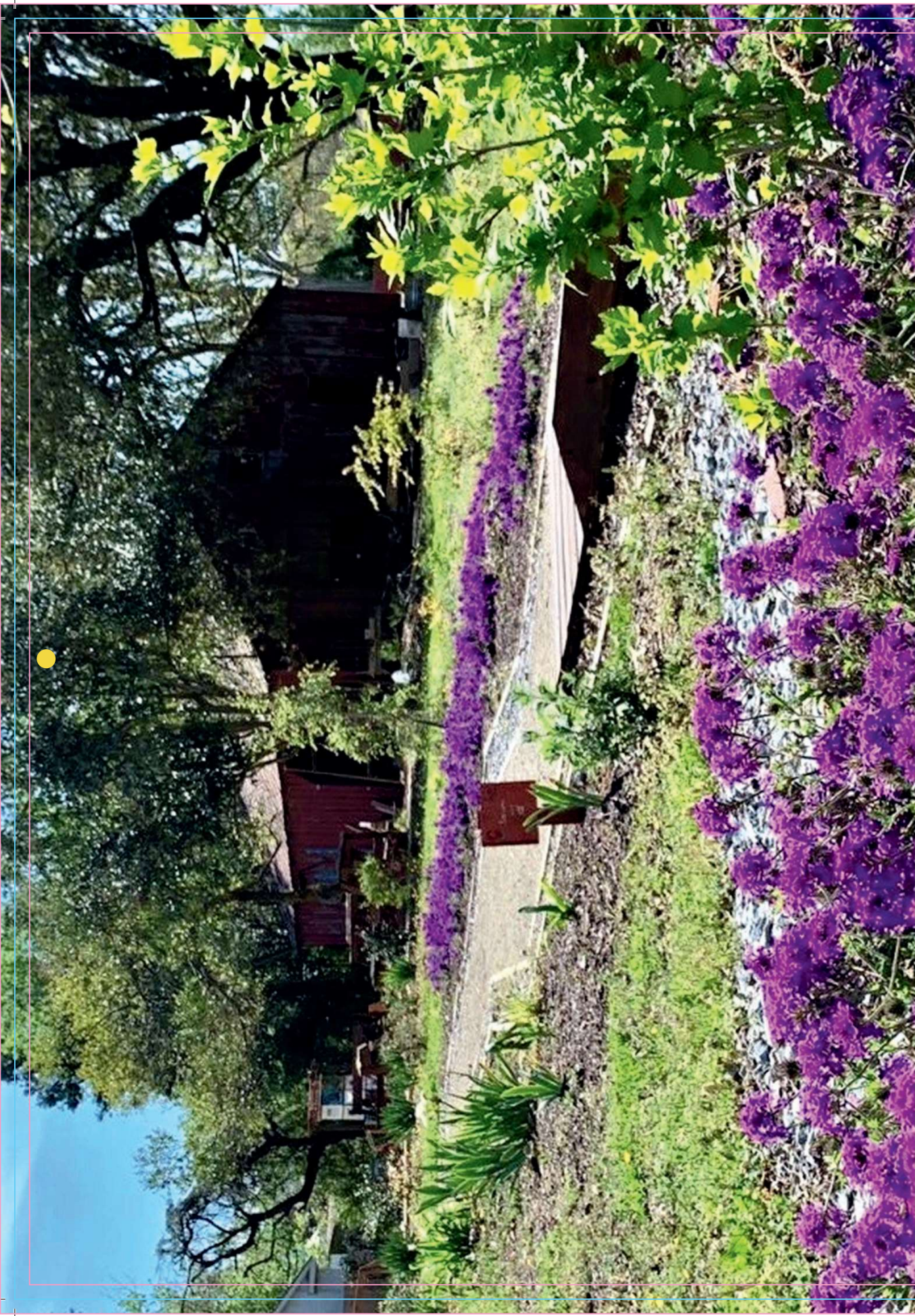
■ = Bleed

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

27	28	1	2	3	4	5
6	7	8 International Women's Day	9	10		12
13	14	15	16	17	18	19
Daylight Savings Time Begins	20	21	22	23	24 St. Patrick's Day	25
27	28 	29 National/World Agriculture Day	30	31	1	2
3	4	5	6	7	February 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	April 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

March 2022





April is the kindest month. April gets you out of your head and out working in the garden - Marty Rubin

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
Easter	Easter Monday	26	27	28	29	30
1	2	3	4	5	Arbor Day	

National Walk to Work Day

National Dandelion Day

Mushroom Day

Good Friday

Gardening Day

Easter Monday

Arbor Day

March 2022

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30
31				

May 2022

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2022





Spring, an experience in immortality - Henry D. Thoreau

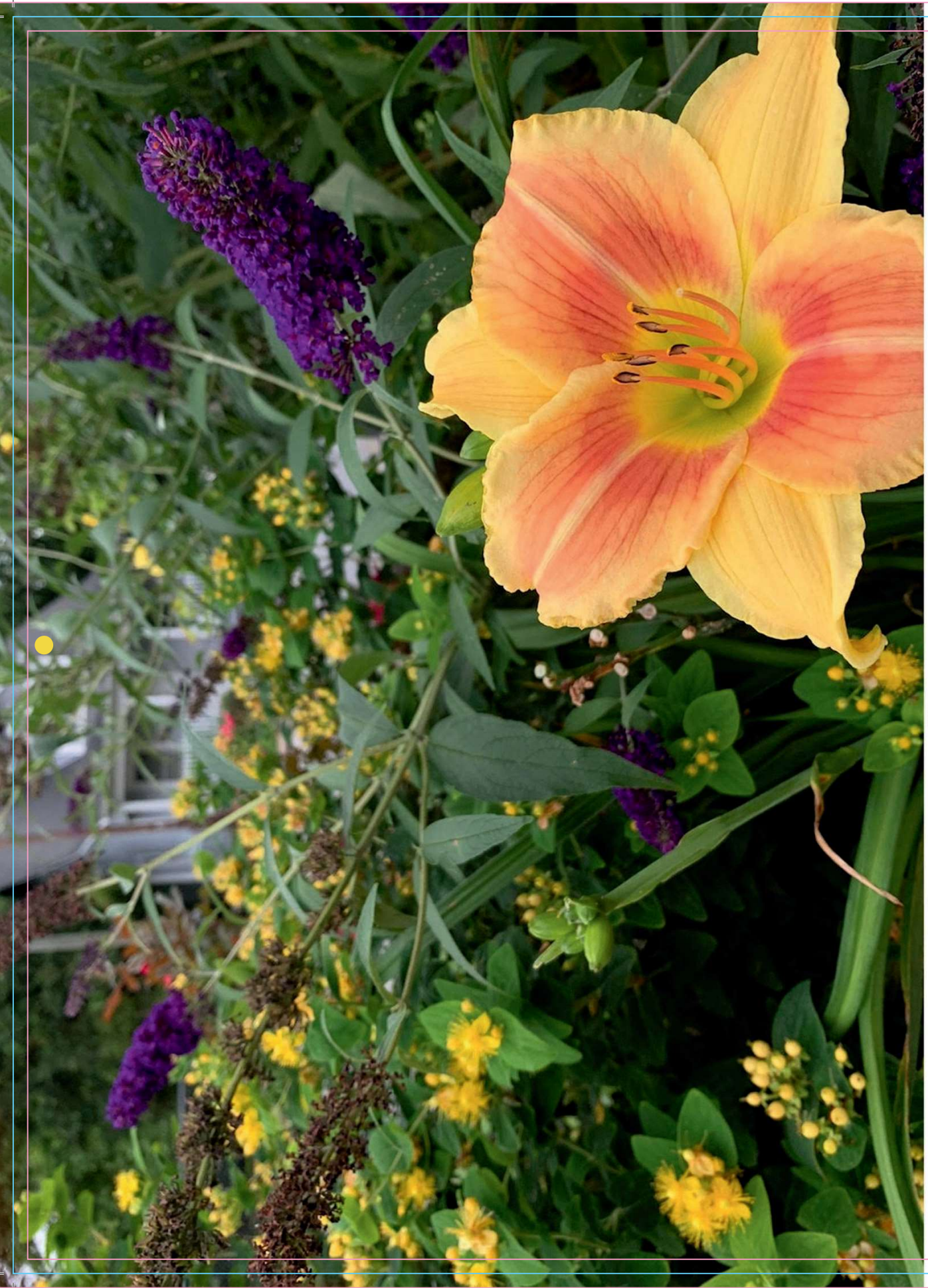
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SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

1	2	3	4	5	6	7																																																																													
Mayday		Garden Meditation Day																																																																																	
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Mother's Day				Military Spouse Appreciation Day																																																																															
15	16	17	18	19	20	21																																																																													
	Love a Tree Day			World Plant a Vegetable Garden Day		Armed Forces Day																																																																													
22	23	24	25	26	27	28																																																																													
29	30	31	1	2	3	4																																																																													
	Memorial Day	Water a Flower Day																																																																																	
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May 2022







June is bustin' out all over – Oscar Hammerstein II

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SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

29	30	31	1 	2	3	4
5	6	7	8	9	10	11
World Environment Day						
12	13	14 	15	16	17	18
Women Veterans Day				Fresh Vegetables Day		
19	20	21	22	23	24	25
Father's Day		Summer Solstice, 5:14 a.m				
26	27	28	29	30	1	2
3	4	5	6	7	May 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	July 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

June 2022





**The Summer looks out from her brazen tower,
through the flashing bars of July – Francis Thompson**

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SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

26	27	28	29	30	1	2
3	4  Independence Day	5	6	7	8	9
10	11	12	13	14	15 National Blueberry 	16 Fresh Spinach Day
17	18	19	20	21	22	23
24	25	27  U.S. Air Force's Birthday	28	29	30	31
Parents' Day	1	2	3	4	June 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	August 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

July 2022







Now August comes with a dreamy haze of heat - Gladys Taber

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SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

31	1	2	3	4	5	6																																																																
7	8	9	10 National Watermelon Day	11	12																																																																	
14	15	16	17	18	19	20																																																																
21	22	23	24	25	26	27 National Honey Bee Day																																																																
28	29	30 	31	1	2 Women's Equality Day	3																																																																
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August 2022





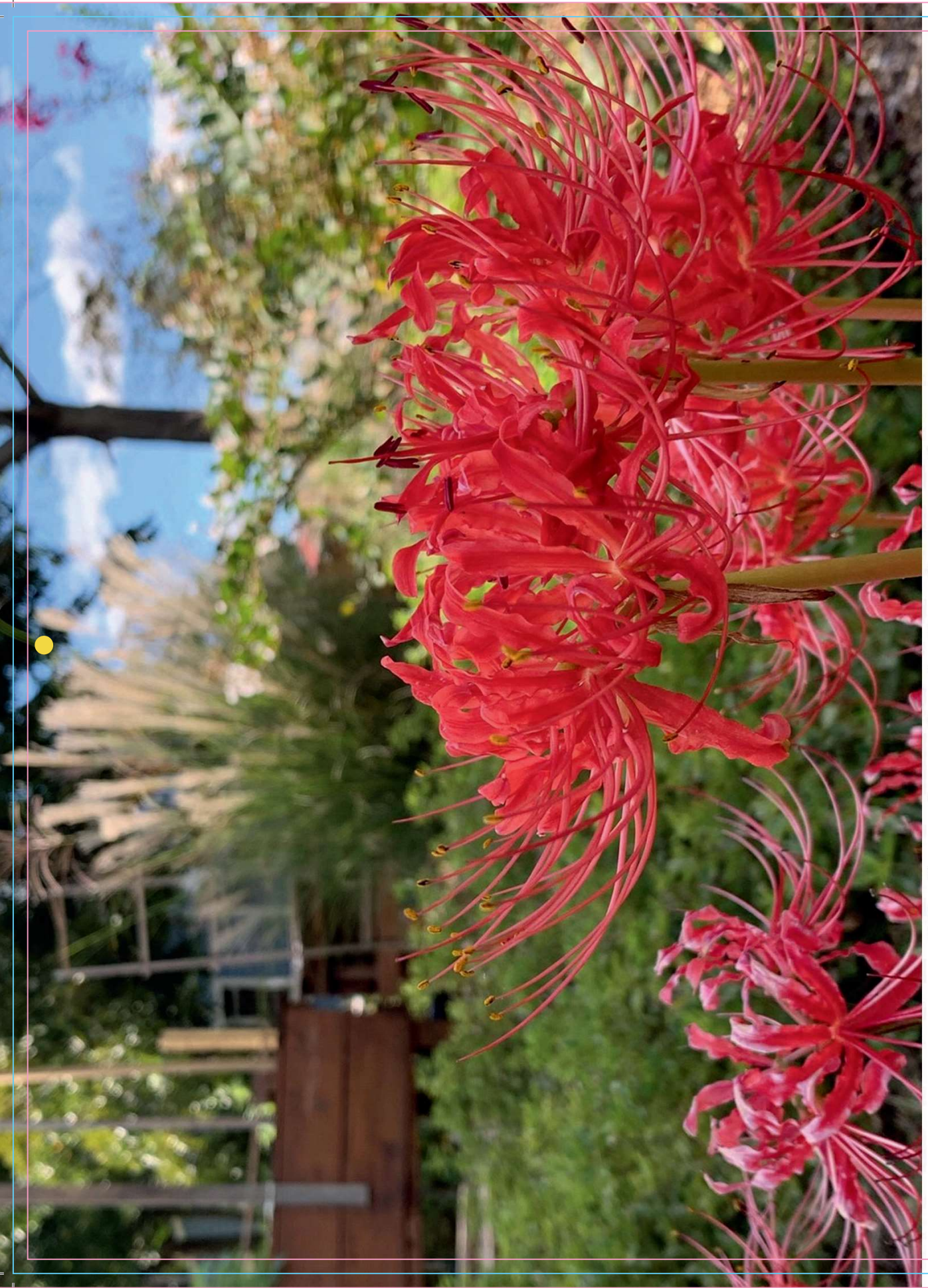
**A late summer garden has a tranquility found no other time of the year –
William Longgood**

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

28	29	30	31	1	2	3
4	5 Labor Day	6	7	8	9 	10
11	12	13	14	15	16	17
Patriot Day/ National Grandparents Day	19 	20	21	22 Fall begins with the Autumnal Equinox, 9:04 p.m.	23	24
25	26	27	28	29	30	1
2	3	4	5	6	August 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	October 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

September 2022






My favorite color is October - unknown

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SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12 National Kale Day	 US Navy's Birthday	14	15
16	17	18	19	20	21	22
23	24	25 	26	27	28	29
30	31 Halloween	1	2	3	September 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	November 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30



October 2022





November sun is sunlight poured through honey - Conrad Aiken

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

30 31	1 2	3 4	5 6	7 8	9 10	11 12	13 14	15 16	17 18	19 20	21 22	23 24	25 26	27 28	29 30	31
6 Daylight Savings Time Ends	7 8	13 14	19 20	25 26	21 22	27 28	3 4	9 10	15 16	21 22	27 28	3 4	9 10	15 16	21 22	27 28
27 	28	29	30	1	2	3	4	5	6	7	8	9	10	11	12	13
4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
26 	27	28	29	30	31	1	2	3	4	5	6	7	8	9	10	11
3 Thanksgiving Day	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
2 Veterans Day	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
October 2022	November 2022	December 2022	1	2	3	4	5	6	7	8	9	10	11	12	13	14

November 2022







If winter wrote an autobiography, it would be mostly about the spring - Terri
Guillemets

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SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

27	28	29	30	1	2	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
First night of Hanukkah	Poinsettia Day		 Winter begins with the Winter Solstice. 4:48 p.m.			Christmas Eve
25	26	27	28	29	30	31
Christmas	First Day of Kwanza					New Year's Eve
1	2	3	4	5	November 2022	January 2023
					1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

December 2022



Pamlico Rose Institute purchased a ramshackle and dilapidated 1892 farmhouse in 2017 on the edge of Washington, NC's historic district, and three blocks from the Pamlico River. It was engulfed by an overgrown cocoon of trees and shrubs with the thorniest vines ever too slither wrap and climb their way around trees and through the house and adjacent rustic or rusted (pick your adjective) tin barn. In vacant lots to the east of the house, large clumps of the same foliage formed impenetrable walls.

Our mission then and now was to provide a healing space for women Veterans to promote wellness and resilience building. Somewhere in that mess of failing infrastructure and density of nature gone wild was a place of Healing, with gardens, a residence and a community center waiting for us to liberate it.

For a year, we had hacked, chopped, yanked and cleared the way for our healing gardens. By the end of 2018, we started to lay in the hardscape of paver and brick walkways, above and below ground storm drainage. We built bridges and arbors and gradually began building beds and planting shrubs and perennials. It was our desire to make the gardens accessible to all abilities. So In 2019, as we initiated renovation on the residence, and aided by an Eagle Scout project that constructed raised produce beds, we started our vegetable garden.

Over three hot and humid summers and cold and chilly winters, Rose Haven Center of Healing grew from seeds planted and tended to by a community of volunteers.

Our programming to support women Veterans started with retreats at the Center in 2019. The COVID years slowed, but not halted, progress on the Center, delayed our retreats while we moved our wellness efforts online and virtually. We connected with community Veterans partners to help meet Veterans needs in housing and food insecurity.

On the eve of 2022, our gardens range over 1/2 neighborhood block, thanks to the benevolence of kind neighbors, the City of Washington and donated land. The Haven House is near renovation's end, and a collection of grants and donations will fund the renovation of that tin barn into a community center starting early in the new year with a completion by the summer. We initiated art, woodworking and gardening programs and anticipate retreats starting in spring of this coming year. It is Betty Ann Sands Memorial and Artful Gardens that best showcases the healing and restorative powers found when nature, creative expression, movement and community come together. We hope you enjoy our inaugural Rose Haven Center of Healing garden calendar.

Sincerely,
Robert Greene Sands, CEO



Photography by Robert Greene Sands unless otherwise indicated
Production editor: Kaitlyn O'Donnell
Photography consultants Becky Hinsey and Parker Sands



All proceeds from the sale of calendars will support Rose Haven Center of Healing's programs to support women Veterans.

NOTES

January

February

March

April

May

June

July

August

September

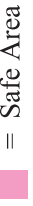
October

November

December



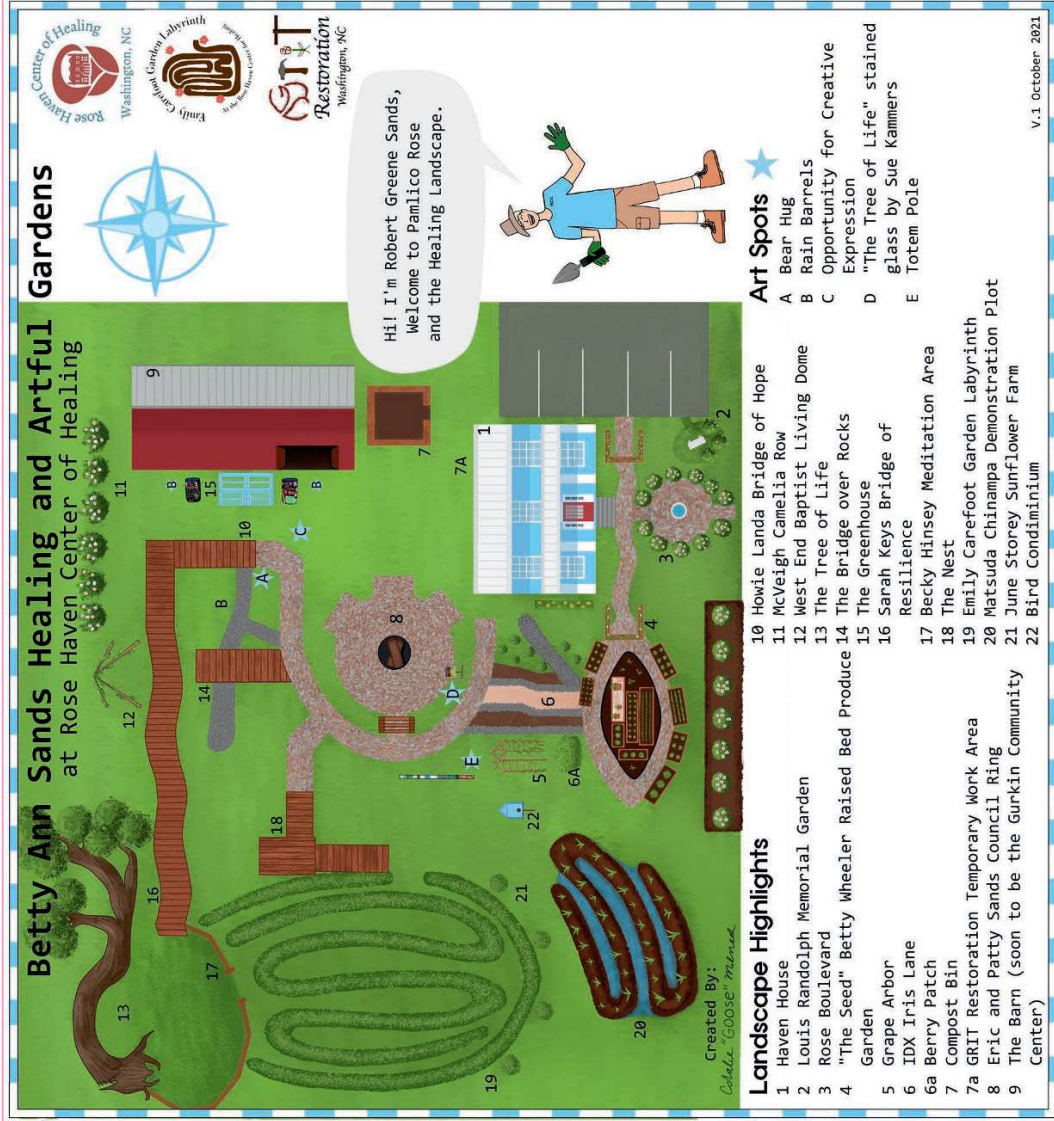
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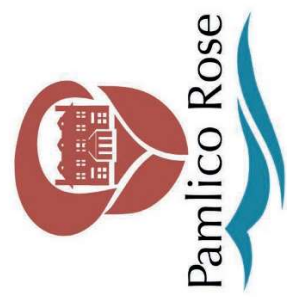


= Bleed



Created by Coralie Milnes

Rose Haven Center of Healing
219 E 3rd Street Washington, NC
www.pamlicorose.org



Laura Davis performs at Women Veterans Celebration Garden Concert - Shannon Standridge



Aerial view of Rose Haven Center of Healing November 2021 - Ray Midgett