

# Pamlico Rose News

Pamlico Rose Institute

August 2018

Issue 7

## Welcome to the Summer 2018 Pamlico Rose News!

Lots to update since our last newsletter and just as much to look forward to!  
So, not wasting any time....



### ***Happened***

#### ***Healing Vets Weekend and Ride for Rose Haven 2018***



Three days of Veteran-related activities and events devoted to healing was held May 31 to June 2<sup>nd</sup> and the weekend raised \$6000! Find out more about what happened and photos here:

<https://www.pamlicorose.org/bike/> and here:  
<https://www.pamlicorose.org/healing-vets-weekend/>.

Signed and numbered prints of the Healing Vet Weekend poster by artist Maryalice Johnson are still available at <https://www.pamlicorose.org/store/>.

#### **HEALING VETS WEEKEND**



Transfigurative Impressions by Maryalice Johnson  
MAY 31 - JUNE 2, 2018  
Washington, NC

**Robert Greene Sands, PhD** - CEO & Chairman of the Board, Washington, NC & Alexandria, VA

**David Steckel** - Project Engineer, Washington, NC

**Jackie Eller, PhD** - Research Associate, Murfreesboro, TN

**Marie Jeannine Coreil** - Copy Editor

**Colleen Steckel** - Finances & Social Media Coordinator

**Pamela Anderson** - Co-Director, Healing Veterans Weekend.

#### **Board of Directors**

Vice Chair - **Tom Haines**, Major, US Army (Retired), M.A., Richmond, VA

Secretary - **Alexis Davis**, B.A., Washington, NC

Treasurer - **Allison Greene-Sands**, PhD, Alexandria, VA

**Gary Patton** - Major General, US Army (Retired), M.S., Burke, VA

**Brenda Rogers** - A.A.S., Washington, NC

**Rich Prakopcyk** - B.S., Asbury, NJ

**Kelly Earp** - PhD, Durham, NC

## ***WIMCO signs on as major partner***

WIMCO, a Washington, NC-based and nationally recognized construction company, has become an active partner in the development of the Rose Haven Center of Healing. They will serve to coordinate the rehab of the house and barn while helping with the garden. Said owner Kevin Rawls, "We are excited to partner with them and figure out the future. We are going to be a part of making that done." You can read more about that partnership here:

<https://www.thewashingtondailynews.com/2018/07/05/wimco-partners-with-pamlico-rose-to-complete-home-for-female-veterans/>.



## ***Pamlico Rose unveils Rose Haven Center of Healing plans***

Joining the efforts to rehab an 1892 farmhouse into a reintegration home for female Veterans, Pamlico Rose is also looking to create a Center of Healing from the integration of the barn and garden with the home. The goals of the Center are: promote healing in Veteran populations, such as female Veterans recovering from substance abuse; grow resilience and foster reintegration; build Veteran community; and advance historic preservation in the community. For a further look into the Center of Healing, see: <https://www.pamlicorose.org/wp-content/uploads/2018/08/RHCoH-Concept-Poster-1807.pdf>.



## ***Pamlico Rose partner with Arts of the Pamlico on Veteran art grant***

The Veteran Support Foundation awarded Arts of the Pamlico and Pamlico Rose a \$2250 grant for 2019 to start a Veteran art program. Two local artists, visual artist Maryalice Johnson and pottery artist Will Aley, also a 9-year Navy Veteran, will provide workshops in the summer of 2019 for 20 Veterans who are artists or interested in art. Completed art work by the Veterans generated from the workshops will be featured in an opening exhibit at the Turnage in September 2019 and will then be displayed in the Betty Ann Sands Healing and Artful Gardens at Rose Haven.



## **Happening**



## ***Construction of the Healing Mediation and Produce Gardens at Rose Haven ongoing***

Garden construction has started with the hardscape, walkways, paths, produce garden floor, and bio-retention area. Already, businesses such as Adams Products/Old Castle (pavers), BE Singleton (rock base and sand), Woolard



Tree Service, and Sorrel Land Surveyors, have contributed to the effort. A rainy last week of July has intervened and work has been brought to a crawl and will resume as soon as the ground dries out a little. Progress can be followed by just driving by or following our



Facebook page:

<https://www.facebook.com/PamlicoRoseInstitute/>. The landscape concept plan can be accessed here: <https://www.pamlicorose.org/wp-content/uploads/2018/08/RHCoH-Concept-Poster-1807.pdf>.

We welcome strong backs and shovels!



### ***Our Old House***



Robert Greene Sands, Pamlico Rose CEO has started a multimedia blog called *Our Old House*. Periodically, he records a segment on video and offers a companion blog as well. *Our Old House* will chronicle the development of the Rose Haven Center of Healing. Sands just finished Episode #3. Videos can be found on Pamlico Rose's YouTube channel:

[https://www.youtube.com/channel/UC51tJqq1G0rnWxLjj2b\\_Vew?view\\_as=subscriber](https://www.youtube.com/channel/UC51tJqq1G0rnWxLjj2b_Vew?view_as=subscriber) and blogs can be accessed here: <https://www.pamlicorose.org/blogs/>.

### ***Outreach & Awareness***

Pamlico Rose considers involvement in the continuing conversation in our society regarding Veterans and issues affecting them to be critical to advancing our mission. Understanding how organizations like the VA and other non-profits work to service Veterans can only help our projects. Outreach to the Center of Healing and our model and approach to community groups and organizations like the VA can also help add to that conversation and provide an approach to addressing issues such as recovery and reintegration in different and innovative ways. Recently, Sands presented to local organizations such as Down East Seniors and the Zion Episcopal Church, while also on a summer and early Fall tour to attend VA health and women Veteran summits around the state, offering information on Pamlico Rose and Rose Haven. Sands is also a board member of the Eastern Carolina Veteran Coalition.



- Durham VA Mental Health Summit – July 23
- Salisbury VA Summit – August 17
- Fayetteville Mental Health Summit – September 6
- ECU Military Women's Health Symposium – September 19

## Presentations

Daughters of the American Revolution – Greenville Chapter, October 18

Daughters of the American Revolution – Washington Chapter, November 21

## To Happen

### **Garden Party – Thursday, September 20, 6 to 8 p.m. @ Rose Haven**

Come join Pamlico Rose, Arts of the Pamlico, Alexis Davis, Realtor, Carryout by Chrislyn, WIMCO, and others to celebrate the start of the journey leading to the *Betty Ann Sands Healing and Artful Gardens at Rose Haven*, part of the Rose Haven Center of Healing for female Veterans. Tickets are \$20 per individual (online at



<https://www.pamlicorose.org/store/> or mail to Pamlico Rose, PO 264, Washington, NC, 27889). Included with ticket: dessert and Lemonade Champagne (and non-alcoholic beverages), musical entertainment by members of the Beaufort County Orchestra, and a Rose Haven and Healing Gardens tour. The chance to become a community supporter to the gardens includes donating a bulb to the Bulb Garden and also the opportunity to donate a shrub or tree. The flyer can be accessed here:



[https://www.pamlicorose.org/wp-content/uploads/2018/08/Garden-Party-Flyer\\_180801.pdf](https://www.pamlicorose.org/wp-content/uploads/2018/08/Garden-Party-Flyer_180801.pdf)

### **Rose Haven Social and Fundraiser**

**Saturday, September 29, 3- 5 p.m. in Alexandria, VA**

Robert and Allison Greene-Sands will host a social and fundraiser at their home in Alexandria, VA. For more information, contact Robert Greene Sands at [robert@pamlicorose.org](mailto:robert@pamlicorose.org)

### **Urban Set Bride Announces Social – Sunday, October 7, @ TBD, Richmond, VA**

Urban Set Bride plans to raise money for Pamlico Rose and Rose Haven Center of Healing at their October Fundraiser. More details to come which will be posted on our Facebook page. Please visit their Facebook page:

<https://www.facebook.com/urbansetbride/>, a very cool and hip wedding business.



### **2019 date for Healing Vets Weekend and Ride for Rose Haven: Supporting Women Veterans Announced for May 3 and 4!**

Pamlico Rose, Arts of the Pamlico, Inner Banks Outfitters and more welcome Healing Vets Weekend and Ride for Rose Haven back to Washington in May of 2019.

Programs include the Healing Vets Art Exhibit, Dinner, and VET-Talks on Friday, May 3<sup>rd</sup> at the Turnage Theatre. Sunrise Yoga, Ride for Rose Haven, Veteran Outreach Fair and a Benefit Concert will be on the 4<sup>th</sup>. All are aimed to raise awareness and support women Veterans. Don't forget to save the date!



The Rose Haven Center of Healing for Female Veterans  
*Rehabbing buildings and souls*

PO Box 264, Washington, NC 27889 - Robert@PamlicoRose.org - (805) 320-2967  
We Preserve for Those Who Served - Pamlico Rose is a 501(c)(3) nonprofit

### ***Thanks for reading this issue of Pamlico Rose News!***

Don't forget to follow us on Facebook

(<https://www.facebook.com/PamlicoRoseInstitute/>), Instagram (PamlicoRose) and YouTube!

Please consider supporting Pamlico Rose and its programs and projects. You can donate online at <https://www.pamlicorose.org/contact-us/#donate> or mail to Pamlico Rose, PO Box 264, Washington, NC 27889.

Pamlico Rose is an all-volunteer Washington, NC nonprofit 501(c)(3) that promotes a holistic healing approach for Veterans through a **reintegration experience** that includes residential living, the arts, gardening, yoga and other strategies. Rose Haven Center of Healing involves rehabbing a historic house to be used as a female Veteran reintegration home, while the historic barn on the property will be used as a multipurpose center for Veterans. The Center of Healing also includes the development of a healing and artful landscape to feature meditative and produce gardens. For more information, see [www.pamlicorose.org](http://www.pamlicorose.org) and [https://www.pamlicorose.org/wp-content/uploads/2018/03/Healing-Garden\\_1-pager\\_180305.pdf](https://www.pamlicorose.org/wp-content/uploads/2018/03/Healing-Garden_1-pager_180305.pdf)



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Pamlico Rose Institute for Sustainable Communities (PRISC) is a North Carolina 501(c)(3) nonprofit institute, located in Washington, NC whose mission is to grow community by preserving history.

PRISC promotes projects and programs and research that feature historical preservation and reutilization as a primary means to help foster community development and sustainability.