

Pamlico Rose News

Pamlico Rose Institute

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Issue 1



Welcome!

Robert Greene Sands, CEO

Wise people say it isn't the goal or destination that makes life meaningful, it is also the journey

Welcome to the first issue of the *Pamlico Rose News*, the periodic voice of the Pamlico Rose Institute for Sustainable Communities. The *Pamlico Rose News* (PRN) will chronicle the events and activities of the Institute as it seeks to accomplish its mission of growing community by preserving history.

The PRN will feature progress on projects, detail upcoming events and offer perspectives on current research, studies and projects and activities across the country that resonate with PRISC's

mission and goals. Also included will be profiles of PRISC staff, Board of Director members and volunteers; it is indeed certain that the mission of PRISC depends on the community of supporters and we wish to introduce this community in the pages of the PRN. Finally, the PRN will invite readers to offer their own thoughts on how to preserve history and grow community.

Our website offers a comprehensive review of the PRISC mission through our projects and research.

Pamlico Rose Institute for Sustainable Communities

Staff

Robert Greene Sands, PhD – CEO & Chairman of the Board, Washington, NC & Alexandria, VA

David Steckel – Project Engineer, Washington, NC

Jackie Eller, PhD – Research Associate, Murfreesboro, TN

Chase Taylor – Community Engagement and Research Associate, Greenville, NC

Board of Directors

Vice Chair - Tom Haines, Major, US Army (Retired), M.A., Richmond, VA

Secretary - Alexis Davis, B.A., Washington, NC

Treasurer - Allison Greene-Sands, PhD, Alexandria, VA

Gary Patton - Major General, US Army (Retired), M.S., Burke, VA

Brenda Rogers - A.A.S., Washington, NC

Rich Prakopcyk- B.S., Asbury, NJ

Kelly Earp – PhD, Durham, NC

The website also provides a repository where one can access news and stories about our mission and also read blogs by PRISC staff

and volunteers that offer commentary on activities and events. One can also visit our webstore to purchase coffee cups, magnetic decals and PRISC tee-shirts.



As our organization matures and undergoes its own growth, it is certain that the format and look of the PRN will also change, but for now, enjoy what we offer.

The Journey Begins

Wise people say it isn't only the goal or destination that makes life meaningful, it is also the journey. Planting a flag at the top of Mt Everest is certainly symbolic of the effort of the flag planter, but just as importantly the flag represents the efforts of the support team that worked tirelessly for the small number of climbers to be able to take the final steps to the summit.

Pamlico Rose Institute for Sustainable Communities (PRISC) has embarked on its own mountain-climbing adventure "growing community by preserving history." In a growing divisive society characterizing much of our country, growing and strengthening communities and developing shared identity and common goals for all community residents can start to bring people together to overcome our ruptured society. Making our communities sustainable means making them and the residents resilient to handle adversity and uncertainty.

Sustainability depends on forging bonds, creating enduring relationships, sharing and preserving a history, and building a future that holds promise for all. These all represent those efforts of the many to get to the summit.

PRISC has identified two projects that encapsulate building stronger and sustainable communities through historical preservation and serving disadvantaged and marginalized populations.

The first is Rose Haven, a reintegration home for female veterans, and the second is a historical enclave designed for disabled veterans and their families. You can read about Rose Haven and the historical enclave on the [PRISC website](http://www.pamlicorose.org)
[www.PamlicoRose.org](http://www.pamlicorose.org).

PRISC will also be promoting and applying research into developing social resilience to help facilitate recovery for veteran populations most affected by their military experiences. Building resilience is to develop an individual's capacity to find opportunities in tragedy and to turn adversity to advantage.

Social resilience highlights the ability for individuals and groups to work with others to overcome adversity and to learn and grow to confront future uncertainty

You can learn more about PRISC's social resilience program at [this link](http://www.pamlicorose.org/wp-content/uploads/2017/04/Rose-Haven-Final-170423.pdf).
<http://www.pamlicorose.org/wp-content/uploads/2017/04/Rose-Haven-Final-170423.pdf>

Rose Haven

In times of crisis,
different people react
in different ways.
Some might try to
escape. Others might
attempt to batten
down the hatches and
ride out the storm in a
safe haven.

—Cullen Bunn

For many who drive 3rd Street in Washington, NC, the old deserted two-story house just past the



Bonner Ave intersection, recessed well back from the curb with an overgrown line of hedges reaching skyward pinning it in on one side and the open lot of a funeral home on the other - offered little clue to its history or a nod to its continued existence in the future.

Just last week, the ownership of this tired old

house with a huge oak tree and its branches hanging low in the back yard, hiding a large equally tired and run-down red barn, changed hands once again.



After sitting there in the searing heat of summers past, being battered by hurricanes and dreary winter rains, who could fault a 100+ year old house just wanting to slowly let the vegetation climb up its weather-beaten wooden siding, having the ivy grow through the walls and broken windows, and succumb finally to the inexorable march of indifference and neglect?



In a year from now, 219 E. 3rd Street in Washington,

NC will welcome 4-6 female veterans to its repaired and painted wood siding, rehabilitated common area, three bedrooms and 1.5 baths, an open kitchen, with lower than average ceilings upstairs and down. Residents 100 years ago were shorter then and smaller. The wooden steps ascending to the second floor are steep yet not wide, but original to the house.

The female veterans will traverse them like families at the turn of the 20th century did, carefully and determined.



The old house will then be a new old house and already rehabilitated as its initial cadre of residents enter the front door and navigate those stairs for the first time, seeking to also complete the last stages of their own rehabilitation

and recovery from substance abuse.

PRISC purchased 219 E. 3rd on June 1st and on June 5th, David Steckel and I started thinning the overgrown trees, bushes, and shrubs which pinched the house inside its property line.

The road to rehabilitating a tired old house, and soon tired souls, has started.

PRISC has initiated rehabilitation at Rose Haven. These efforts will be ongoing for the next several months.

PRISC staff will spearhead the work, but volunteers will always be welcome. Efforts will include cleaning, landscaping, painting, carpenter work and other needs consistent with bringing an old house back to life.

In the coming weeks, work parties will be organized and outreached to subscribers of the *PRN* and other local media outlets.

For more information on Rose Haven, see the PRISC website [Projects page](http://www.pamlicorose.org/projects/)
<http://www.pamlicorose.org/projects/>.

Historical Enclaves

A future project of PRISC involves rehabilitating endangered and failing houses in a local historic district, similar to Rose Haven, by developing a distinct yet connected neighborhood of disabled US military veterans and their families. This neighborhood concept is called a “historic enclave” and is based on the development of “pocket neighborhoods” been successful alternatives to urban living.



PRISC will offer need-based financial assistance to the potential residents to secure ownership as well as attending to challenges that the veterans and families may have from their military service.



For more information on historical enclaves and the concept of pocket neighborhoods, visit our [Enclaves page](http://www.pamlicorose.org/project/enclaves/)
<http://www.pamlicorose.org/project/enclaves/>

Research

PRISC has started the first stages of research into social resilience. The initial stage will capture the critical competencies that facilitate social resilience for populations like female veterans and then apply them to help build a program tailored to Rose Haven’s residents and Rose Haven’s integration experience in Washington, NC.

This research will uncover and capture basic themes commonly-held meanings of resilience, exploration of behaviors and past experience that were engaged by female veterans to promote individual and social resilience that are useful for defining and understanding social resilience. Effectively, the first stage of research is to establish a needs assessment – what is it that is missing in the

reintegration process, how can a place like Rose Haven meet this need, and who is likely to want to join such a house.

The following stages of research will apply results to the development of a social resilience program at Rose Haven. As Rose Haven develops, the program can be exported to other locations and Veteran that struggle with physical and emotional disabilities. For a more in depth look at the research program, see the [white paper on Rose Haven](http://www.pamlicorose.org/research/)

<http://www.pamlicorose.org/research/>.

Current Happenings

Visit to Congressman Walter B. Jones

On May 17, CEO Robert Greene Sands and Vice-Chair of the Board of Directors Tom Haines visited Congressman Jones at his office on Capitol Hill in DC. They met with Congressman Jones' military liaison, Raymond

Celeste, and provided an introduction to PRISC's mission. Given the Congressman's support for veterans, PRISC looks forward to working with his office on our projects. See his thank you letter [here](#).

WNCT does story on Rose Haven

Rose Haven was featured in a story done by reporter Joshua Birch that aired June 6th. The news story can be accessed [here](http://wnct.com/2017/06/06/local-non-profit-to-open-a-transitional-home-for-struggling-female-veterans/)

<http://wnct.com/2017/06/06/local-non-profit-to-open-a-transitional-home-for-struggling-female-veterans/>.

Upcoming Events

June 28, 2017

Supporting Veterans through Historical Preservation: Building Community and Social Resilience.

Presentation by Robert Greene Sands. Hosted by the North Carolina Estuarium and PRISC.

At: 223 E Water St, Washington, NC

Time: Social 7:00 – 7:30 PM

Presentation 7:30 – 8:30 PM

Admission: Free



August

To Be Announced Evening Social on the Pamlico

At: The Estuarium

September 23, 2017

Rose Haven Ribbon-Cutting Celebration

At: 219 E. 3rd Street

Time: 4:00 PM

September 23, 2017

We preserve for those who serve Fundraiser/Barbecue Dinner

At: The North Carolina Estuarium, 223 E Water St, Washington, NC

Time: 5:00 PM to 7:30 PM



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Pamlico Rose Institute for Sustainable Communities (PRISC) is a North Carolina 501(c)(3) nonprofit institute, located in Washington, NC whose mission is to grow community by preserving history. PRISC promotes projects and programs and research that feature historical preservation and reutilization as a primary means to help foster community development and sustainability.