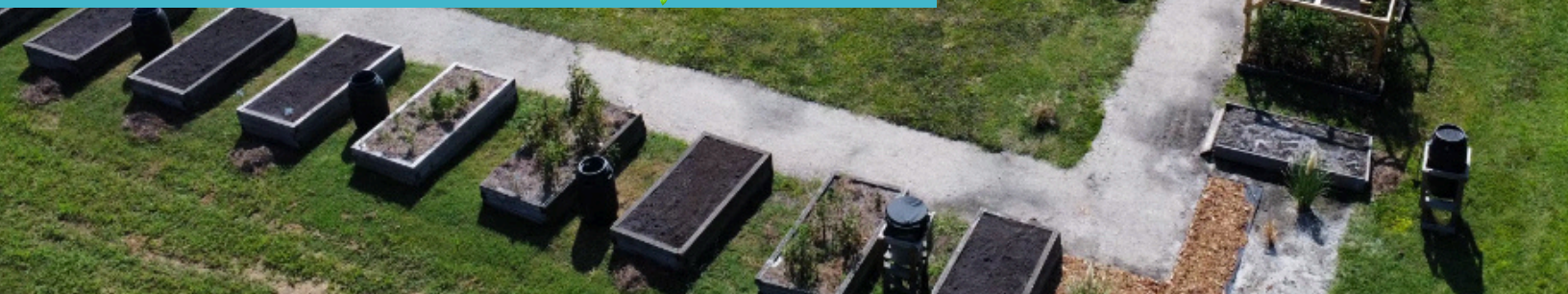
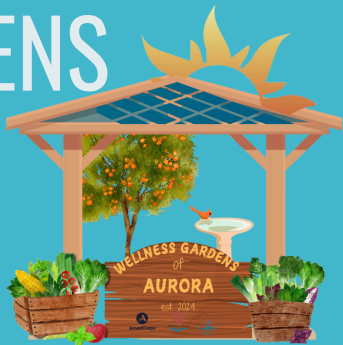


WELLNESS GARDENS OF AURORA



AmeriCorps



GARDEN DESIGN AND CONSTRUCTION BY PAMLICO ROSE INSTITUTE AND PRI HEALTH CORPS A PUBLIC HEALTH AMERICORPS PROJECT

Funding for Wellness Garden of Aurora, and other wellness gardens in Beaufort County is made possible through a three-year grant from Public Health AmeriCorps to help alleviate food insecurity in rural eastern North Carolina through building wellness gardens and raising awareness of healthy living strategies.

Garden design started in late 2023 and construction started in March of 2024

Civic and community partners: AmeriCorps NC, Richland Aurora Chamber of Commerce, Town of Aurora



Other PRI Wellness Corps Wellness Gardens Sites

CHOCOWINITY PRIMARY SCHOOL
NC EXTENSION/BRIGGS - DURHAM
COMMUNITY GARDENS
PEACEHAVEN FARMS - WHITSETT, NC
HESED HOUSE - LINCOLNTON, NC

PRI Health Corps currently supports the Wellness Gardens of Aurora through continued garden construction, vegetable production, gardening expertise, and development of learning programs around wellness for all ages. The PRI HC team is onsite Monday through Friday, 8am-Noon. A Wellness Gardens of Aurora Facebook page provides information about the Gardens and upcoming activities and events.

For more information about the Pamlico Rose Institute's wellness gardens, contact
Robert Greene Sands, PhD,
Executive Director at
robert@pamlicorose.org.

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Eastern NC communities often feature underserved populations of color, socioeconomic levels, and those aging that lack access to services that are critical for physical and mental health. These communities are often labeled “food deserts” with grocery stores and physical and mental health providers miles away and public transportation scarce. Providing access to healthy food and accessible health care are of primary and immediate concern to these communities and to local and county governments and non-profit organizations wanting to bring about immediate and short-term relief.



Wellness Garden Concept

Wellness gardens are affordable and complementary community-based health care efforts to achieve a sustainable quality of life. Wellness consists of multiple integrated facets or life dimensions that foster an individual and a community’s wellbeing, social connectivity, creativity and intellectual growth, physical exercise, mindfulness, in addition to sound nutritional strategies. The Wellness Gardens of Aurora are designed to be environmentally sustainable and offers activities and events that promote many of these life dimensions, such as connecting with nature, providing built spaces for community events, learning programs, and creative endeavors, accessible lighted walkways and gardening beds for physical activity, meditation commons, and more.



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Features of Wellness Gardens of Aurora:

- Size: 1 ½ acres +
- 32 3x8 foot raised beds
- 26x16 foot open air learning pavilion
- 12x15 foot workshop
- 20 ft diameter meditation common & pergola
- Four panel solar array: powers underground well for irrigation
- .10-mile accessible walkway around garden perimeter
- Protected mulch and compost sources
- 6 x 12-foot greenhouse
- Innovative 25-barrel water collection system
- Off the grid solar power

